# **Travel & Cruise**



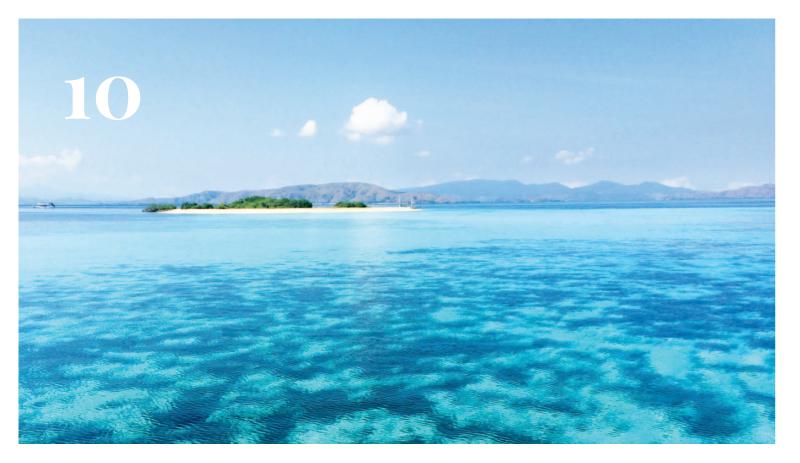
# Weekly





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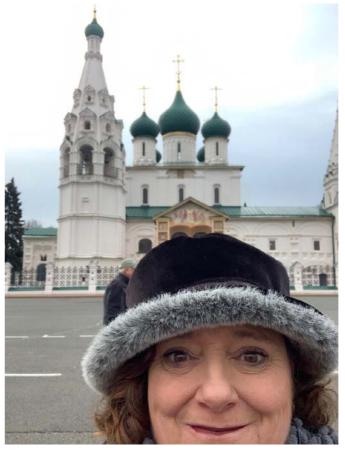


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From the **Publisher** 

Jenny Piper

As we inch closer to Christmas and the end of the year we are all wondering when are we going to be able to travel overseas again, will it be in 2021? Things look grim in Europe and the USA and it may be a little longer before these destinations are a reality. But places such as Singapore, Japan and Korea as well as the Pacific may be possible next year. And hope of a COVID vaccine in early 2021 could change everything, and quite quickly. So with that in mind this week's issue is full of inspirational stories from destinations a bit farther afield - so we can start dreaming and planning for those future holidays.

This week we take a look at delicious food in Belgium, WA wineries to visit, and a review of a Russian river cruise. Closer to home a deep dive into Indonesia – it has so much to discover beyond Bali. Plus loads more. Enjoy the puzzles and maybe make this week's cocktail, inspired by the tropical flavours of the Pacific!

Let's all 'keep dreaming'. Visit your local travel agent for more ideas and special deals coming out all the time. And follow us on **Facebook** and **Instagram** (@ travelcruiseweekly) for more stories to inspire your future travels.

XX Jenny

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# Belgium's best

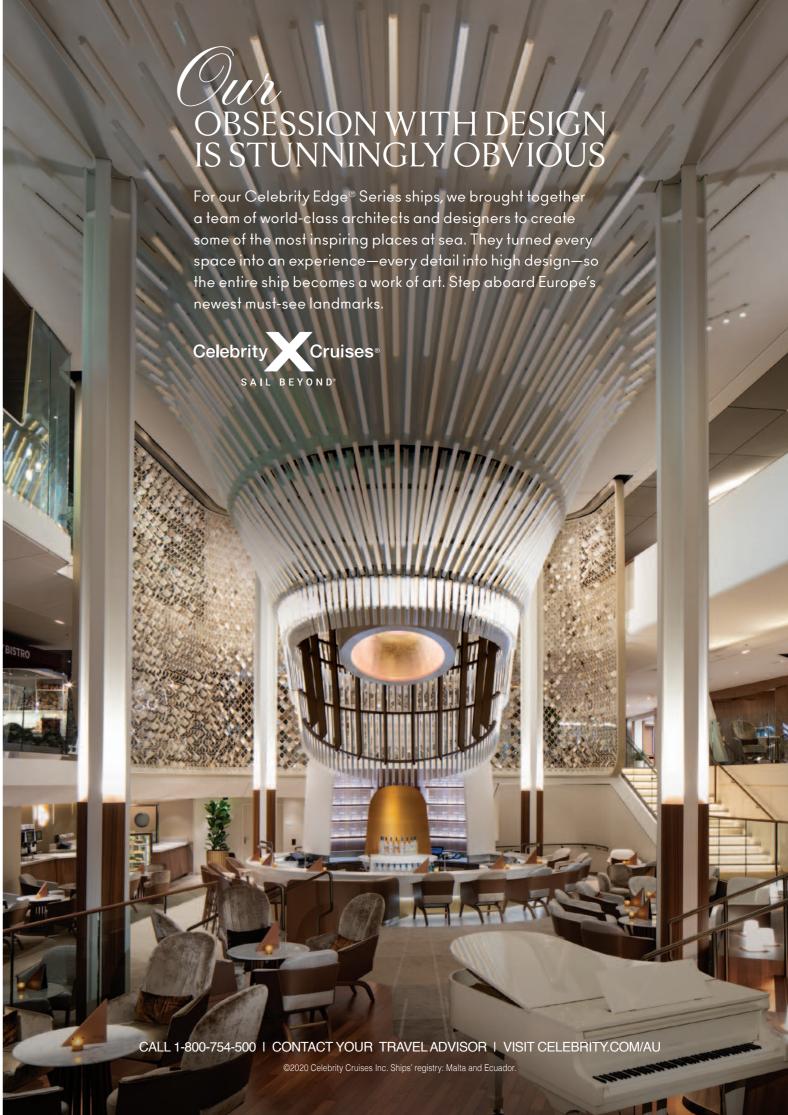
Belgium is famous for its frites and waffles, and with comfort foods like that, you'd be crazy not to go seeking them out. To give you a hand, we've listed some of the best places in the country you can find these foods.

Frites Atelier doesn't just serve up its namesake food – it takes the experience to another level with a range of different frites products and offerings. Although this chain started in Antwerp, there are locations across Belgium, and even the Netherlands. If you're looking for a slightly more authentic experience, Friterie de la Spetz in Arlon serves its own fries with a range of dipping sauces and creative toppings.

One of the best waffle stops in Belgium is family owned chain Maison Dandoy. With locations throughout Brussels, the Liege waffles come recommended, but there's really no poor choice when it comes to Dandoy's artisan waffles. For travellers looking to blend in with the locals, try Le Funabule for your waffle fix. The eatery is in just two locations but boasts a wider selection of waffles than almost anywhere else. Le Funabule is self-serve, but if you're running out of Euros, you can choose the classic €1 waffles.

And you didn't think you'd be leaving Belgium without gorging on chocolate, did you? No trip to Brussels is complete without a trip to Laurent Gerbaud Chocolatier, one of the most sought-after chocolate artisans in Europe. With the bourbons and hot cocoa coming highly recommended, Laurent Gerbaud also offers chocolate-making workshops. It's located just a short walk from Place de l'Albertine, meaning you have no excuse not to go!









This summer, discover the Great Southern. Traversing South Australia, New South Wales and Queensland on a revised route that promises stunning inland and coastal landscapes, exquisite food, wine and hospitality. Save up to \$1,220 per couple between Adelaide and Brisbane or book to stay a while, with accommodation options available in Adelaide or Brisbane.

Great Southern is a truly unforgettable journey just waiting to be discovered.















# Hobart to go international

Tasmania's Hobart
Airport is set to welcome
international flights from
New Zealand, under a plan
jointly announced by State
Premier Peter Gutwein and
Prime Minister Scott Morrison
over the weekend.

The owners of Hobart Airport will also contribute to the initiative which will see facilities upgraded and the deployment of about 30 Border Force, quarantine and Federal Police officers.

Approval has been granted for a total of 130 non-stop flights between Tasmania and New Zealand over the next 12 months, and if airlines take up the offer the operations are expected to begin as soon as January 2021.

The State Government has also agreed to house 450 inbound long-haul passengers in Hobart hotels in an expansion of the program aiming to help repatriate more of the thousands of Aussies currently trying to get home.

# True North heads south

Western Australia's True North boutique cruise ship will operate a summer season of voyages out of Fremantle this year, offering West Australians a new domestic cruise option despite border restrictions.

The Australian-flagged ship will offer a series of five, seven and eight-night itineraries taking in the WA South Coast including gala luncheons at Cape Lodge in the Margaret River region, visits to Rottnest Island and even viewing of the Bremer Canyon orcas.

The domestic program replaces *True North*'s normal voyages at this time of year, which generally see her experiencing Papua New Guinea, Sydney and Adelaide.

The new cruising option comes as the industry continues to urge Governments to lift the ban on foreign-flagged cruise ships to allow more Aussies to take to the high seas.





Left: Lie back and relax by the peaceful waters of the Flores

Top: Lombok is filled with mountains, jungles and stunning waterfalls, as well as crystal clear waters

Right: Laze in thatched huts by the beach



Bali has so captured our hearts with its wild surf beaches, floral temple offerings, chilled-out vibes and gentle, welcoming locals, that we often forget all about the rest of the country. But there are a stupefying 17,000-odd islands in Indonesia. And as my recent travels - spent exploring the tropical idylls of Lombok and Flores as well as Bali's less-trodden paths - to this

beguiling country proved, the more islands you explore, the richer your Indonesian adventure will become.

# **Lazy Lombok**

Our Lombok journey begins at Gili Meno, just a 30-minute boat ride from the mainland. Said to be the most relaxed and romantic of

the trio of Gili Islands (which also includes party island Gili Trawangan and Gili Air), we dive off our boat and snorkel around coral reefs filled with iridescent clouds of tiny silver fish, fat sea slugs, turtles and more.

After a lunch of curried fish wrapped in banana leaves at Mahamaya, a chic boutique hotel and restaurant set on the talc-fine white sand, we're ready to explore. We hail a cidomo (a traditional horse cart, Meno's only form of transport) and after just five bumpy minutes we arrive on the other side of the island. There, we paddle in translucent waters and laze in the palm-thatched huts lining the beach until it's time to float back to the mainland.

The following morning we drive for two hours through jungle and verdant rice

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paddies into the rugged highlands to the 40-metre Senaru waterfalls. Accessed via a half-hour jungle hike, we stand knee-deep in the frosty waters letting the spray cover our faces and the mighty roar engulf us.

If we had an extra two days we'd spend them summiting Mount Rinjani, an active volcano and one of Indonesia's highest mountains. Today, however, it's time to head off to our next Indonesian idyll.

# Nature froth in Flores

Our aim in Flores, like most travellers', is to track down the island's terrifying komodo dragons, the largest species of lizard in the world that have lived on the Komodo Islands for millions of years. We hire a wooden boat with three crew members for 24 hours and set sail.

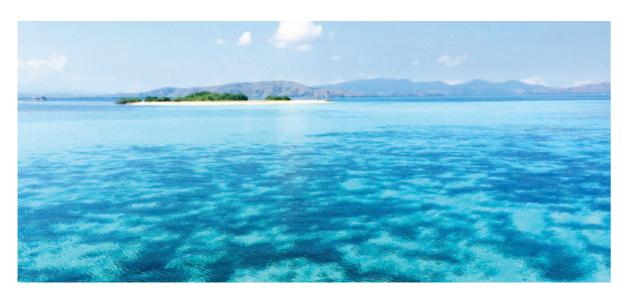
Soon we arrive on Rinca Island, one of Komodo National Park's three main islands where about 2000 dragons are said to live. Just 10 minutes into our 90-minute walk we spot five of the two-metre dragons. They have more than 50 strains of bacteria in their saliva, says our guide, and within 24 hours of being bitten their prey usually dies of blood poisoning. We decide to keep our distance and swiftly move on along

the jungle paths, then back to the boat for a much-needed afternoon siesta.

At sunset we find ourselves off the coast of Kalong Island, or Fruit Bat Island. There, as the sky morphs from orange to pink to lavender, hundreds of flying foxes rush and chatter overhead as they leave their home in the mangrove forests in search of fruit for dinner.

From here, the aweinspiring nature moments just keep on coming.

There's a sunrise dip at Pink Beach, where we drift over the red coral reef that turns the beach sand pink. There's a swim with endangered manta rays at Manta Point, where dozens of the huge, playful creatures



Top: Flores' stunning turquoise waters

Left: Sunset over the islands in Flores

Right: Bali's beautiful beach resorts







Top: Enjoy clifftop drinks watching the sunset in Uluwatu

Right: Visit a Balinese temple

Bottom: Indulge in freshlyprepared food from cafes in Canggu





glide around below us.
The piece de resistance,
however, is a night on Seraya
Island, where we relax in
our whitewashed wooden
beach bungalow just metres
from the shore, swim in the
beachfront saltwater pool,
and watch the orange sun
drop into the ocean from the
top of the island's 40-metre
cliffs.

## **Balinese Bliss**

Yes there's more to Indonesia than Bali, but we felt it would be almost sacrilegious not to pop in on our way home.

Our first stop is the island's latest hippie hotspot Canggu where we squeeze in yoga, surfing, massages, delicious health food at cafes including Bungalow and Betelnut, and boutique shopping in nearby Seminyak. When we've had enough of the buzz we drive 90 minutes to Uluwatu, one of the best surf breaks in Bali, for a swim and sunset margaritas at clifftop bar Single Fin.

The next day is our last in Indonesia and we spend it at the neighbouring cliffside beach town of Bingin, enjoying what this Indonesian paradise does best. The balmy breeze, the bathwarm ocean, the sumptuous treatments at Esthetic Day Spa. The day ends at Kelly's Warung with a bonfire and live music by the sea, where we clink our Bintangs to how lucky we are that this magical Southeast Asian jewel is right on our doorstep.

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# Take four

Considered to be Western Australia's jewel in the tourism crown, Margaret River is an absolute must-visit for all wine lovers. Don't miss some of the region's best vineyards!



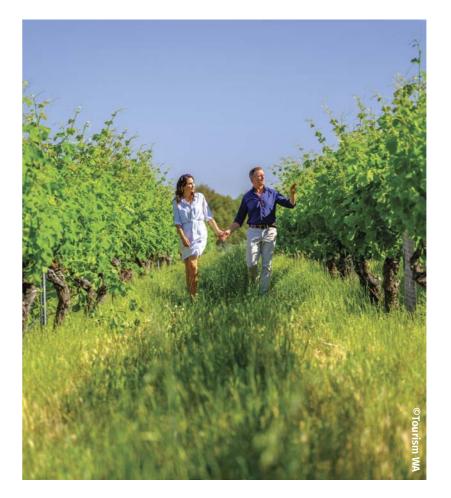
### **Voyager Estate**

The grounds at Voyager Estate are immaculate, boasting highly manicured hedges and grand pathways that lead to a large heritage building where all the true indulgence takes place. Cabernet and Chardonnay are the pick of the wines here, but don't worry, there is a menu with a wide selection for those partial to others like Rose or Chenin Blanc as well. The onsite restaurant is famous for the astute pairing of food flavours with its bespoke wines. We recommend the seven-course Discovery Menu inspired by Margaret River's pristine produce.

### **Leeuwin Estate**

If it's gourmet food with a view you're after, then this place has to be on your itinerary. The menu at Leeuwin Estate is sublime, offering a range of gourmet treats such as beef oyster blade served with mustard green and black garlic, best enjoyed with the 2013 Art Series Shiraz. Or for seafood lovers, choose the line caught fish with cauliflower, dashi cream and nori tapenade along with a chilled glass of the 2011 Art Series Chardonnay. There is also a little extra on offer for art connoisseurs, with the main tasting house home to a gallery of Australian paintings to admire as you casually sip on your premium drop.





### **Amelia Park**

You can smell the beautiful oak barrels in the air the moment you enter this cellar door where old meets new with a view. There are two distinct strands of wine to choose from. the Reserve Collection and the Amelia Park Collection. If you are willing to spend a little more, you won't go wrong with the premium bottles on offer in the Reserves. They include Cabernet Merlot and Chardonnay made from only the best parcels and fruit that are matured in fine French oak for a minimum of 18 months. Our pick is the James Halliday Chardonnay 2017, boasting a smoky savoury flavour complimented by a rich cereal notes.

### **Stella Bella Wines**

Located in the southern region of Margaret River in Kerridale, Stella Bella has a casual open-air feel, perfect for enjoying a drop of wine and a picnic in the fading sun. The vineyards on site are exposed to strong ocean winds and combined with moderate cloud cover typical of the area, create feminine wines with higher acidity, fuller tannins, and soft delicate flavours. The specials here are the Chardonnay and Sauvignon Blanc, but don't forget to sample a glass of the Tempranillo as well. Good news for animal-lovers, the cellar door is also dog-friendly, but maybe don't let pooch into the hooch!



# Keep your cruising dream alive

Just because we can't cruise now, doesn't mean we can't dream where we're going to cruise next time. We're showcasing different ships to help you plan your next cruise.

# Viking Cruises - Viking Akun





## **Accommodation**

There are a range of staterooms and suites available – all feature a large picture window that opens or a verandah so guests can enjoy the river views. Cabins are smaller than the staterooms on other European Viking cruises, as the ships are smaller.





# **Dining**

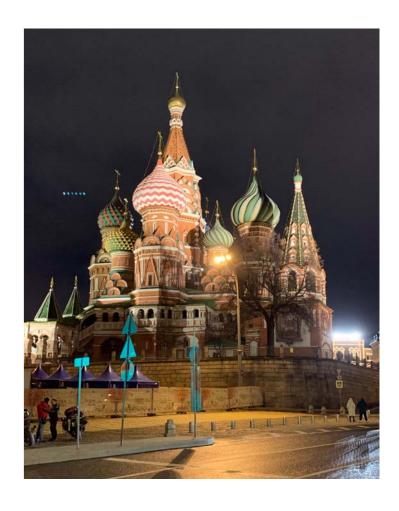
All meals are served in the main dining room – Neva Restaurant which has panoramic views. There is a choice of buffet or al- carte at breakfast and lunch, and a different menu every night, often with a Russian specialty dish on offer. For a less formal breakfast or lunch the Panorama Bar offers a lighter buffet.

## **Activities**

Guests are usually so busy during the day on the various shore excursions offered that there is no need for much entertainment. At night the ship musicians entertain in the Sky bar. During times of sailing between ports lectures are held in the Sky Bar – with subjects ranging from culture to Russian history which is fascinating.

# **Public spaces**

Being a small ship, the public spaces are spread across the three levels. The Panorama Bar and Sky Bar have comfortable seating and panoramic views and are open all day. There are various little nooks throughout the ship to sit and read a book. There is a library and also a sundeck with shaded seating for those sunny days.



# Why?

A Viking River cruise is a great way to see Russia. With the itineraries allowing extra time in the important destinations such as St Petersberg and Moscow, and a plethora of shore excursions on offer there is so much to see and do, you won't be able to do everything. The days cruising down the Volga are also amazing, visiting smaller ports and discovering the beauty of this extraordinary country. Experiencing the Russian culture with a home visit – with homemade vodka and food, would have to be just one of the highlights of this unique voyage.



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### Sudoku

#### **BEGINNER**

Complete the entire grid using the numbers 1-9. Numbers can only be used once in each row, column, and 3×3 box.

5			8				9	
					1		3	
8		9	5	7	3	1		
	8	4	3	1				9
3			2		9			8
7				5	8	4	1	
		3	7	9	5	6		2
	7		1					
	5				6			1

www.sudokuoftheday.com - visit them and get a new Sudoku every day!

# Whose flag is this?



Located in Africa, The country whose flag this is was once combined with another, but the two had very different religious majorities, with Islam dominant in the north and Christianity in the south. This caused ongoing tensions which broke out in a civil war ending in a peace agreement in 2005 which included a referendum on independence in the south. The referendum passed in 2011 and the country became independent. Do you know whose flag this is?

# Pub quiz

- 1. Mount Woodroffe is the highest point in which Australian state or territory?
- 2. When was the Empire State Building surpassed by Willis Tower as the world's tallest building, a title which it held for 25 years?
  - a) 1960s
  - b) 1970s
  - c) 1980s
- 3. In which country is the Great Slave Lake?
- 4. Paris is located in which region of France?
- 5. AirAsia's hub is at which airport?
- 6. Which country initially proposed the idea of a Rugby League World Cup?
- 7. Which airline was formerly known as Air Pacific?
- 8. Which destination is known as the "Paradise of the Pacific"?
- 9. Which Australian aerodrome is also known as Connellan Airport?
- 10. Is Lake Macquarie located in New South Wales' Central Coast or Hunter region?
- 11. What South Australian town is this collection of pictures spelling out?





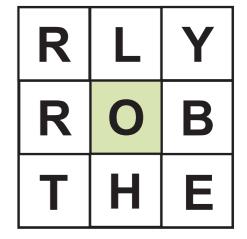


# Pub quiz

- 1. Which strait separates mainland South Australia from Kangaroo Island?
- 2. Which city calls itself the "Diamond Capital of North America"?
- 3. The 2020 season of the Indian Premier League will now take place in which country?
- 4. Is the population of New South Wales Central Coast over or under 300,000?
- 5. Australian regional airline Airnorth is based at which airport?
- 6. In addition to his former role as Tourism Australia Managing Director, Prime Minister Scott Morrison has also worked in which other country's tourism office?
- 7. Costa Cruises ships are famous for sporting what coloured funnels, with a blue "C" on them?
- 8. What US park is supposedly the most photographed spot in the world?
- 9. Los Angeles will host the Summer Olympics for a third time in 2028, how many years after it last hosted?
- 10. What country is known as Cymru in the local dialect?

### **Unscramble**

How many words can you make out of these nine letters? Every word needs to include the letter in the centre, have four letters or more and not be a proper noun or a plural. You can only use each letter once. There's also one word that uses all nine letters.



Good – 21 words Very good – 31 words Excellent – 41 words

NOTE: We've used Chambers Dictionary to decide what words are acceptable.

# Where in the world?

This shopping mall forms part of a 2.5km-long road which is a famous tourist attraction in this city.
The precinct is filled with internationally-renowned department stores, restaurants and coffeehouses, along with more budgetfriendly discount outlets.
Do you know the name of this street and what city it is in?

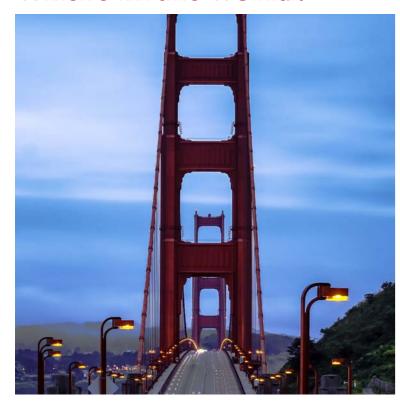


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# Pub quiz

- 1. What is the most populous town on South Australia's Yorke Peninsula?
- 2. What is the New South Wales Central Coast's most populous suburb?
- 3. Lady Elliot Island is located in which sea?
- 4. The Mapocho River flows through which South American capital?
- 5. Is Melbourne closer to Adelaide or Sydney?
- 6. What is the largest city in Australia's Sunraysia region?
- 7. Egypt and Saudi Arabia are separated by which Gulf?
- 8. What is the size of the population of the Caribbean?
  - a) More than 30 million
  - b) More than 40 million
  - c) More than 50 million
- 9. Is St. Kitts or Nevis the larger island?
- 10. The upcoming Western Sydney International Airport is named after which aviator?

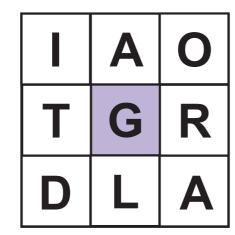
## Where in the world?



This bridge is iconic, which is why we're only showing you a small portion of it (to make it not so easy). The bridge spans 1.6km (or one mile) and has been declared one of the Wonders of the Modern World by the American Society of Civil Engineers. Do you know where it is?

### **Unscramble**

How many words can you make out of these nine letters? Every word needs to include the centre letter, have four letters or more and not be a proper noun or a plural. You can only use each letter once.



Good - 18 words Very good - 27 words Excellent - 35 words

NOTE: We've used Chambers Dictionary to decide what words are acceptable.

### Tasmania word search

F	Р	L	F	М	Α	K	K	0	K	М	0	S	Υ	S
Α	K	С	М	I	J	K	R	F	А	D	U	D	Α	С
F	0	0	S	С	S	G	U	R	Q	0	I	K	N	R
Υ	В	Т	N	Е	Α	Н	L	N	I	Т	G	Q	N	U
D	Е	I	Е	N	L	В	Α	С	Α	Е	N	Υ	0	М
L	Α	K	I	Α	0	М	I	N	Α	М	Α	Υ	D	Р
Α	Х	С	0	R	R	L	K	S	D	J	Н	Е	R	Т
М	С	D	0	Р	Е	0	W	Т	Q	С	J	D	Α	ı
В	G	U	L	D	Υ	G	Α	Т	Т	Υ	Н	Υ	Н	0
С	G	R	Α	L	L	Е	С	Е	N	ı	W	ı	С	U
Н	Н	L	S	Р	Α	R	K	L	ı	N	G	F	Р	S
0	Α	٧	0	L	٧	Α	Р	0	С	Χ	F	0	S	S
Р	В	Е	Е	R	K	W	F	I	Н	U	С	K	Q	Υ
R	0	Z	Α	L	N	М	R	Q	L	В	Z	Υ	L	S
Υ	N	R	N	I	F	Н	W	В	Α	Е	K	Q	L	С

See if you can find these words. They are hidden horizontally, vertically and diagonally, forwards and backwards.

**BRUNYISLAND CRADLEMOUNTAIN** DARKMOFO DISTILLERIES

HIKING **HOBART** HUONPINE LAUNCESTON

MONA **PINOTNOIR** PORTARTHUR SALAMANCAMARKET SALMON **TASMANIANDEVIL** WINEGLASSBAY WORLDHERITAGE

# Whose flag is this?

The blue, red and white colours of this flag come from two sources: a neighbouring country which has the same majority ethnic group and from the coat of arms granted to an area that this country encompassed earlier in its history. The coat of arms on the flag was used to distinguish the ensign from other similar flags.



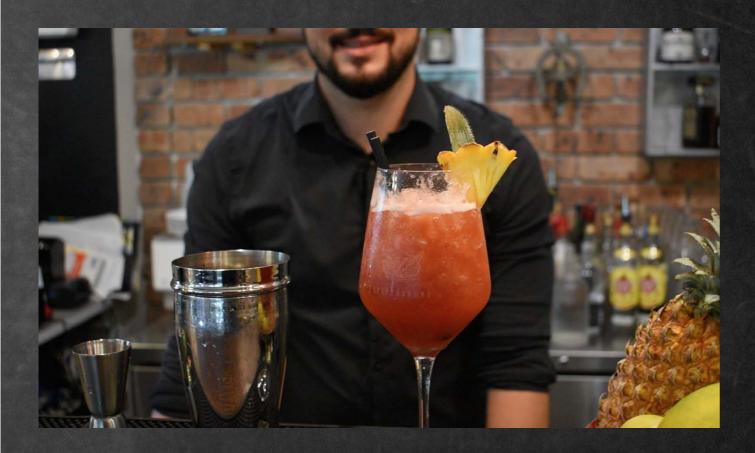
The three-peaked mountain represents the nation's highest mountain, and the wavy stripes on the coat of

arms symbolise the country's coastline.

Do you know whose flag this is?

# Make it at home

These days, going out for a cocktail looks different, so why not make one of our unique cocktail recipes at home!



# The Signature

As it says in the name, The Signature is one of the highlights of Le Chai de l'Hippodrome, a wine bar and restaurant in New Caledonia's capital city, Noumea. The cocktail is inspired by the bright, tropical flavours of the Pacific, as well as New Caledonia's French roots.

## **Ingredients**

20ml vanilla syrup
20ml Cointreau
20ml lemon juice
40ml strawberry concentrate
8-10 ice cubes
Crushed ice (to serve)
Pinot noir champagne
A slice of fresh pineapple, for garnish

## Method

Combine vanilla syrup, Cointreau, lemon juice, strawberry concentrate and ice cubes in a cocktail shaker. Shake well, and strain into a wine glass. Add crushed ice until glass is approximately 2/3 full, then top up with champagne. To serve, garnish with pineapple slice.

# **Puzzle answers**

## Page 18

Pub quiz: 1 South Australia, 2 b) 1970s, 3 Canada, 4 Ile-de-France, 5 Kuala Lumpur International, 6 France, 7 Fiji Airways, 8 Hawaii, 9 Ayres Rock Airport, 10 Hunter, 11 Wallaroo (wall + ah + roo)

Whose flag is this: South Sudan

Sudoku:

5	3	1	8	6	4	2	9	7
4	6	7	9	2	1	8	3	5
8	2	9	5	7	3	1	4	6
6	8	4	3	1	7	5	2	9
3	1	5	2	4	9	7	6	8
7	9	2	6	5	8	4	1	3
1	4	3	7	9	5	6	8	2
9	7	6	1	8	2	3	5	4
2	5	8	4	3	6	9	7	1

## Page 19

Where in the world: Orchard Road, Singapore

Pub quiz: 1 Investigator Strait, 2 Yellowknife, 3 United Arab Emirates, 4 Over, 5 Darwin International Airport, 6 New Zealand, 7 Yellow, 8 Central Park, 9 44 years, 10 Wales

Unscramble: blot, bole, bolt, bore, borer, both, bother, broth, brothel, brother, BROTHERLY, helot, hero, hole, holey, holt, holy, hotel, hotly, lobe, lore, lorry, loth, obey, other, retro, robe, role, rort, tote, theory, thole, throb, throe, toby, tore, torr, toyer, troy, tyro, yore

## Page 20

Where in the world: Golden Gate Bridge, San Francisco, USA

Unscramble: adagio, agar, alga, argali, argil, argot, drag, gait, gala, gaol, garda, gila, gild, gilt, gird, girl, giro, girt, glad, GLADIATOR, gloat, goad, goal, goat, gold, grid, grit, groat, grot, largo, otalgia, raga, taiga, toga, trig

Pub quiz: 1 Kadina, 2 Umina Beach, 3 Coral Sea, 4 Santiago, 5 Adelaide, 6 Mildura, 7 Gulf of Aqaba, 8 b) More than 40 million, 9 St. Kitts, 10 Nancy Bird-Walton

## Page 21

Whose flag is this: Slovenia

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